

Lifestyle Solutions MedSpa

MICHAEL M. HOLLOWAY, M.D.

2139-B NE 2nd Street · Ocala, FL 34470

Phone · 352.368.2148 Fax · 352.368.5892

Website: www.lsmmedspa.com Email: info@lsmmedspa.com

Date _____

Home Phone: _____ Cell Phone: _____ Email: _____

Patient _____

Responsible Party (if a minor) _____
Last Name First Name Initial Social Security #

Address: _____ City: _____ State: _____ Zip: _____

Sex M F Age _____ Birthdate _____ Single Married Widowed Separated Divorced

Patient Employed By _____ Business Phone _____

Business Address _____ Occupation _____

Spouse (or responsible party) Name _____ Birthdate: _____ Spouse's SSN: _____

Business Name and Address _____

Occupation _____ Business Phone _____ Ext. _____

Who is responsible for this account? _____ Relationship to Patient _____

Do you have Medical Insurance? No Yes ▶ If yes,

Name of Primary Insurer: _____
Contract # _____ Group # _____ Subscriber # _____

Name of Secondary Insurer (if any) _____
Contract # _____ Group # _____ Subscriber # _____

In case of emergency, who should be notified? _____ Relationship: _____ Phone _____

How did you learn about our practice? _____

ASSIGNMENT AND RELEASE

I, the undersigned, have insurance converge with _____ and assign
Name of Insurance Company
directly to Dr. _____ all medical benefits, if any, otherwise payable to me for services
rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to
release all information necessary to secure the payment of benefits. I authorize the use of this signature on all my insurance submissions.

Signature of Insured/Guardian

Date

MEDICARE AUTHORIZATION

I request that payment of authorized Medicare benefits be made either to me or on my behalf to Dr. _____
for any services furnished me by that physician. I authorize any holder of medical information about me to release to the Health Care
Financing Administration and its agents any information needed to determine these benefits or the benefits payable for related services. I
understand my signature request that payment be made and authorizes release of medical information necessary to pay the claim. If
"other health insurance" is indicated in item 9 of the HCFA-1500 form, or elsewhere on other approved claim forms or electronically
submitted claims, my signature authorizes releasing of the information to the insurer or agency shown. In Medicare assigned cases, the
physician or supplier agrees to accept the charge determination of the Medicare carrier as the full charge, and the patient is responsible
only for deductible, coinsurance, and non covered services. Coinsurance and the deductible are based upon the charge determination of
the Medicare carrier.

Beneficiary Signature

Date

LIFESTYLE SOLUTIONS MED SPA

MICHAEL M. HOLLOWAY, M.D.

2139-B NE 2nd Street · Ocala, FL 34470 · 352.368.2148 Phone · 352.368.5892 Fax

Website: www.lsmespa.com Email: info@lsmespa.com

HEALTH HISTORY

(Confidential)

Name _____ Today's Date _____

Age _____ Birth date _____ Date of last physical examination _____

What is your reason for visit? _____

Symptoms - Conditions you currently have or have had in the past

<p>GENERAL</p> <p><input type="checkbox"/> Chills <input type="checkbox"/> Depression <input type="checkbox"/> Dizziness <input type="checkbox"/> Fainting <input type="checkbox"/> Fever <input type="checkbox"/> Forgetfulness <input type="checkbox"/> Headache <input type="checkbox"/> Loss of sleep <input type="checkbox"/> Loss of weight <input type="checkbox"/> Nervousness <input type="checkbox"/> Numbness <input type="checkbox"/> Sweats</p> <p>MUSCLE/JOINT/BONE Pain, weakness, numbness in: <input type="checkbox"/> Arms <input type="checkbox"/> Hips <input type="checkbox"/> Back <input type="checkbox"/> Legs <input type="checkbox"/> Feet <input type="checkbox"/> Neck <input type="checkbox"/> Hands <input type="checkbox"/> Shoulders <input type="checkbox"/> Other:</p> <p>GENITO-URINARY <input type="checkbox"/> Blood in urine <input type="checkbox"/> Frequent urination <input type="checkbox"/> Lack of bladder control <input type="checkbox"/> Painful urination</p>	<p>GASTROINTESTINAL</p> <p><input type="checkbox"/> Appetite poor <input type="checkbox"/> Bloating <input type="checkbox"/> Bowel changes <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Excessive hunger <input type="checkbox"/> Excessive thirst <input type="checkbox"/> Gas <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Indigestion <input type="checkbox"/> Nausea <input type="checkbox"/> Rectal bleeding <input type="checkbox"/> Stomach Pain <input type="checkbox"/> Vomiting <input type="checkbox"/> Vomiting blood</p> <p>CARDIOVASCULAR</p> <p><input type="checkbox"/> Chest pain <input type="checkbox"/> High blood pressure <input type="checkbox"/> Irregular heart beat <input type="checkbox"/> Low blood pressure <input type="checkbox"/> Poor circulation <input type="checkbox"/> Rapid heart beat <input type="checkbox"/> Swelling of ankles <input type="checkbox"/> Varicose veins</p>	<p>EYE, EAR, NOSE, THROAT</p> <p><input type="checkbox"/> Bleeding gums <input type="checkbox"/> Blurred vision <input type="checkbox"/> Crossed eyes <input type="checkbox"/> Difficulty swallowing <input type="checkbox"/> Double vision <input type="checkbox"/> Earache <input type="checkbox"/> Ear discharge <input type="checkbox"/> Hay fever <input type="checkbox"/> Hoarseness <input type="checkbox"/> Loss of hearing <input type="checkbox"/> Nosebleeds <input type="checkbox"/> Persistent cough <input type="checkbox"/> Ringing in ears <input type="checkbox"/> Sinus problems <input type="checkbox"/> Vision - Flashes <input type="checkbox"/> Vision - Halos</p> <p>SKIN</p> <p><input type="checkbox"/> Bruise easily <input type="checkbox"/> Hives <input type="checkbox"/> Itching <input type="checkbox"/> Change in moles <input type="checkbox"/> Rash <input type="checkbox"/> Scars <input type="checkbox"/> Sore that won't heal</p>	<p>MEN only</p> <p><input type="checkbox"/> Breast lump <input type="checkbox"/> Erection difficulties <input type="checkbox"/> Lump in testicles <input type="checkbox"/> Penis discharge <input type="checkbox"/> Sore on penis <input type="checkbox"/> Other</p> <p>WOMEN only</p> <p><input type="checkbox"/> Abnormal Pap Smear <input type="checkbox"/> Bleeding between periods <input type="checkbox"/> Breast lump <input type="checkbox"/> Extreme menstrual pain <input type="checkbox"/> Hot flashes <input type="checkbox"/> Nipple discharge <input type="checkbox"/> Painful intercourse <input type="checkbox"/> Vaginal discharge <input type="checkbox"/> Other</p> <p>Date of last menstrual period _____ Date of last Pap Smear _____ Have you had a mammogram? _____ Are you pregnant? _____ Number of Children _____</p>
--	---	---	--

Conditions - Conditions you have or have had in the past

<p><input type="checkbox"/> AIDS <input type="checkbox"/> Alcoholism <input type="checkbox"/> Anemia <input type="checkbox"/> Anorexia <input type="checkbox"/> Appendicitis <input type="checkbox"/> Arthritis <input type="checkbox"/> Asthma <input type="checkbox"/> Bleeding Disorders <input type="checkbox"/> Breast Lump <input type="checkbox"/> Bronchitis <input type="checkbox"/> Bulimia <input type="checkbox"/> Cancer <input type="checkbox"/> Cataracts</p>	<p><input type="checkbox"/> Chemical Dependency <input type="checkbox"/> Chicken Pox <input type="checkbox"/> Diabetes <input type="checkbox"/> Emphysema <input type="checkbox"/> Epilepsy <input type="checkbox"/> Glaucoma <input type="checkbox"/> Goiter <input type="checkbox"/> Gonorrhea <input type="checkbox"/> Gout <input type="checkbox"/> Heart Disease <input type="checkbox"/> Hepatitis <input type="checkbox"/> Hernia <input type="checkbox"/> Herpes</p>	<p><input type="checkbox"/> High Cholesterol <input type="checkbox"/> HIV Positive <input type="checkbox"/> Kidney Disease <input type="checkbox"/> Liver Disease <input type="checkbox"/> Measles <input type="checkbox"/> Migraine Headaches <input type="checkbox"/> Miscarriage <input type="checkbox"/> Mononucleosis <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Mumps <input type="checkbox"/> Pacemaker <input type="checkbox"/> Pneumonia <input type="checkbox"/> Polio</p>	<p><input type="checkbox"/> Prostate Problem <input type="checkbox"/> Psychiatric Care <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Scarlet Fever <input type="checkbox"/> Stroke <input type="checkbox"/> Suicide Attempt <input type="checkbox"/> Thyroid Problems <input type="checkbox"/> Tonsillitis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Typhoid Fever <input type="checkbox"/> Ulcers <input type="checkbox"/> Vaginal Infections <input type="checkbox"/> Venereal Disease</p>
--	--	--	---

MEDICATIONS - Medications you are currently taking

Pharmacy _____ Phone _____	ALLERGIES - Medications you are allergic to
----------------------------	--

Lifestyle Solutions MedSpa
MICHAEL M. HOLLOWAY, M.D.
2139-B NE 2nd Street · Ocala, FL 34470
Phone: 352.368.2148 Fax: 352.368.5892
Website: www.lsmmedspa.com Email: info@lsmmedspa.com

1. Procedures and Alternatives.

- a. I understand that it is my responsibility to follow my physician's instructions carefully and to report any medical problems immediately, regardless of whether I think that they may be related to my weight control program. I further affirm that I am not now pregnant and will report any pregnancy to my physician immediately.
- b. I understand that there are other ways and programs that can assist me in my desire to decrease my body weight and to maintain any weight loss. In particular, a balanced diet combined with physical exercises recommended, with or without the use of appetite suppressants. I understand that a program including a revised diet and physical exercise would prove successful without appetite suppressants if I followed it, even though I would probably be hungrier than if I used appetite suppressants.

2. Risks of Proposed Treatment

- a. I understand that this authorization is given to me with the knowledge that the use of appetite suppressants poses various risks, including but not limited to, pulmonary hypertension, nervousness, sleeplessness, headaches, dry mouth, weakness, fatigue, psychological problems, medical allergies, high blood pressure, rapid heart beat, and heart irregularities. These and other possible risks could occasionally be serious or even fatal.

3. Risks Associated With Being Overweight or Obese

- a. I understand that remaining overweight or obese poses certain risks, among them being tendencies to high blood pressure, to diabetes, to heart attack and heart disease, to arthritis at the joints, hips, knees and feet, and to certain cancers. I understand that these may be modest if I am not very overweight, but that these risks increase significantly with any weight gain.

4. No Guarantees

- a. I understand that much of the success of this program will depend on my efforts. Notwithstanding my efforts, I understand that there are no guarantees or assurances that the program will be successful. I also understand that I will have to continue watching my weight all my life if I am to be successful.

5. Patient's Consent

- a. I have read and fully understand this consent form, the attached Weight Loss Consumers Bill of Rights, and I have had all concerns addressed. Moreover, I have been informed by the information in item (3) above of the nature, risks, possible alternative treatments, possible consequences and possible complications involved in the use of appetite suppressants for treatment of obesity and for weight loss.

Signed: _____

(Patient)

(Physician)

Patient Name: _____ Date: _____ Time: _____

(Please Print)

Witness: _____

Consent. Revision 12905

Lifestyle Solutions Med Spa

Michael M. Holloway, M.D.

2139 NE 2 Street

Ocala, FL 34470

Phone: 352-368-2148

Fax: 352-368-5892

www.lsmespa.com

New Patient Consent for Use and Disclosure of Health Information
For treatment, payment, or Healthcare Operations.

I _____, understand that as part of my health care, Lifestyle Solutions Med Spa originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information serves as:

- A basis for planning my care and treatment.
- A means of communication among the many health care professionals who contribute to my care.
- A source of information for applying my diagnosis and surgical information to my bill.
- A means by which a third-party payer can verify that services billed were actually provided.
- A tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals.

I understand and have been provided with a Notice of Information Practices that provides a more complete description of information uses and disclosures. I understand that the following rights and privileges:

- The right to review the notice prior to signing this consent.
- The right to object to the use of my health information for directory purposes.
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations.

I understand that Lifestyle solutions is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereon. I also understand that by refusing to sign this consent or revoking this organization may refuse to treat me as permitted by section 164.506 of the code of Federal Regulations.